School-University Partnerships Symposium 2023
Mental Wellbeing Matters

Date: 23 June 2023 (Friday)
Time: 2:30 pm - 5:00 pm
Venue: Rayson Huang Theatre, HKU

Keynote:
**Title: Mindfulness and Its Effectiveness**
Professor LAM Shui Fong, Honorary Professor, Director of the Jockey Club "Peace and Awareness" (JC P and A) Mindfulness Culture in Schools Initiative, Faculty of Social Sciences, The University of Hong Kong

Parallel Sessions (Interactive Workshops/Presentations and Q&A)

**Session 1**
Title: Mindfulness at School
Presenter: Ms HO Cathy, HKTA Shun Yeung Primary School

**Session 2**
Title: Mindfulness Culture in YLSC
Presenter: Ms WONG Angel, Assistant Principal, PLK Yao Ling Sun College (YLSC)

**Session 3**
Title: A Whole-School Approach in Promotion of Positive Education: Transformation Through Curriculum, Schoolscape and Capacity Building
Presenters: Dr HO Yuk Fan Esther, Principal, and Ms CHAN Mee Ling, Vice Principal, Carmel Alison Lam Foundation Secondary School

**Session 4**
Title: Finding Strength and Calmness From Within: A Somatic Approach to Mental Health in the Modern World
Presenter: Dr LEE Queenie A.Y., Faculty of Education, The University of Hong Kong

**Session 5**
Title: Student Well-Being and Parenting During COVID-19: What Really Matters? Insights From the eCitizen Education (2022) Study
Presenter: Dr TAN Cheng Yong, Faculty of Education, The University of Hong Kong

**Session 6**
Title: Flight Paths After Graduation: Surviving, Thriving and Growing a Career Through the Challenges
Facilitator: Ms KEMPSTON Tanya, Faculty of Education, The University of Hong Kong
Presenters: Mr BIRD Daniel and Ms LAM Akina, PGDE Graduates
Priority Registration for PGDE Graduates

All are Welcome!

Details and Online Registration:
https://web.edu.hku.hk/sup-partners/professional-events-activities/school-university-partnership-forum-symposium