Sharing of our mentoring journey

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Content

- Program structure
- Activities with our proteges
- Roles and stages in the mentorship
- Influence on us as student-teachers
Program structure

- Regular lectures
- Ten face-to-face meetings (one per month) (individual / group)
- Whatsapp / Skype / Email between meetings
- Two group excursions for socialisation
- Guest Talk and School visit
- Reflection blog
Purpose and Aim

- For developing teachers
- For helping youth
- Partner with Charitas Yuen Long Chan Chun Ha Secondary School

Supported by the Gallant Ho Experiential Learning Centre at HKU
Activities with our protege
Our roles in the mentorship program

<table>
<thead>
<tr>
<th>High relatedness intensity</th>
<th>Low relatedness intensity</th>
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<tbody>
<tr>
<td><strong>Parent:</strong></td>
<td><strong>Teacher:</strong></td>
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<tr>
<td>good enough mentoring,</td>
<td>informal and formal</td>
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<tr>
<td>mirroring, carrying and</td>
<td>instruction, setting</td>
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<td>care giving behaviors</td>
<td>academic goals,</td>
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<td>security, role modeling</td>
<td>transmission of knowledge,</td>
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<td>communication</td>
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<td><strong>Therapist:</strong></td>
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<td>resolving painful</td>
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<td>experiences. empathy,</td>
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<td>warmth and genuineness,</td>
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<td>sensitivity, active</td>
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<td>listening</td>
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<td><strong>Friend:</strong></td>
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<td>mutuality, joining</td>
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<td>together self-disclosure</td>
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<td>promoting sense of</td>
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<td>belonging, identity</td>
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<td>formation</td>
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Mentoring stages

- **Contemplation stage**: prematch, learning about mentoring, anticipating meeting each other
- **Initiation stage**: after matching, getting to know each other, engaging in activities to build shared experiences
- **Growth and maintenance stage**: building the relationship, emotional and personal support, advocacy, working on/towards goals
- **Closure and redefinition stage**: when the relationship ends or is renegotiated

Insights gained from mentoring

- instrumental VS goal-oriented mentoring
- collaborative VS authoritarian
- emotional bonding and trust
- diversity and individuality
- social justice, equity and inclusion

Influence on us as student-teachers

Insights and Inspirations through the process of mentoring

- Mentoring interactions
- Relationship “building - maintaining - closure”
- Excursion planning
- Critical self reflection
- Emotion & Care - “The student is infinitely more important than the subject matter.” (Noddings, N., Caring: A Feminist Approach to Ethics and Moral Education)
Influence on us as student-teachers (Con’t)

**Personal Growth**
- Opportunities to meet students from different background
- Explore different local communities
- eg. Meet with Principal Chan; Visit to Fresh Fish Traders’ School

**Methodologies**
- learnt in class
- well-structured lessons
- including Mentoring micro interaction & ethical issues; Making critical reflections etc.
Q & A

Thank you :)

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Q & A

Thank you :)